



KS1 PSHE including RSE Parent information



Aims

- To give more information about the Jigsaw scheme of work we follow at Lilliput
- To give an outline of the teaching of the 'Changing Me' topic in Summer term 2.



Our PSHE learning at Lilliput

- At Lilliput Infant School we value the importance of every child's Personal, Social and Health Education (PSHE).
- We are also committed to supporting each child's mental health and giving them tools to manage a range of different situations.
- We also feel it is important for children to develop their Spiritual, Moral, Social and Cultural development (SMSC) both through our curriculum and in a safe and stimulating environment.
- We interlink all of our learning into the British values of Democracy, The rule of law, Individual liberty, Mutual respect and The tolerance of different cultures and religions.



Jigsaw

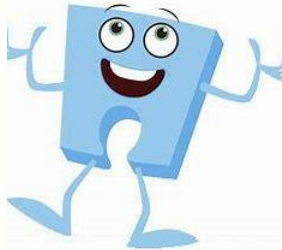
- Here at Lilliput we follow the Jigsaw scheme of learning to cover our PSHE.
 - 'Jigsaw is a unique, spiral, progressive and effective scheme of work, aiming to prepare children/young people for life, helping them really know and value who they are and understand how they relate to other people in this ever-changing world'
 - We use this scheme carefully and adapt to the needs and development of our children at Lilliput.
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Jigsaw

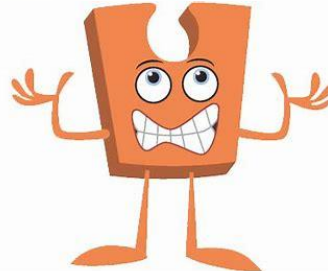


- There are three different Jigsaw characters covering EYFS and KS1

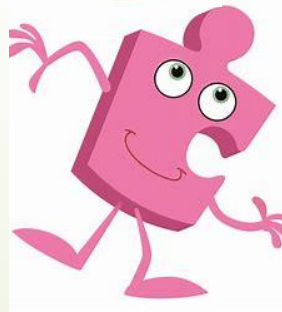
- Jigsaw Jenie EYFS



- Jigsaw Jack Year 1



- Jigsaw Jo in Year 2



Jigsaw Topics



- Autumn 1- **Being Me in my world**
- Autumn 2- **Celebrating Difference**
- Spring 1- **Dreams and Goals**
- Spring 2- **Healthy me**
- Summer 1- **Relationships**
- Summer 2- **Changing me**

What is taught in the 'Changing me' topic?

Age Group	Changing Me
Ages 3-5 (F1-F2)	Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations
Ages 5-6	Life cycles – animal and human Changes in me Changes since being a baby Differences between female and male bodies (correct terminology) Linking growing and learning Coping with change Transition
Ages 6-7	Life cycles in nature Growing from young to old Increasing independence Differences in female and male bodies (correct terminology) Assertiveness Preparing for transition



The National curriculum

➤ Science at Key Stage 1

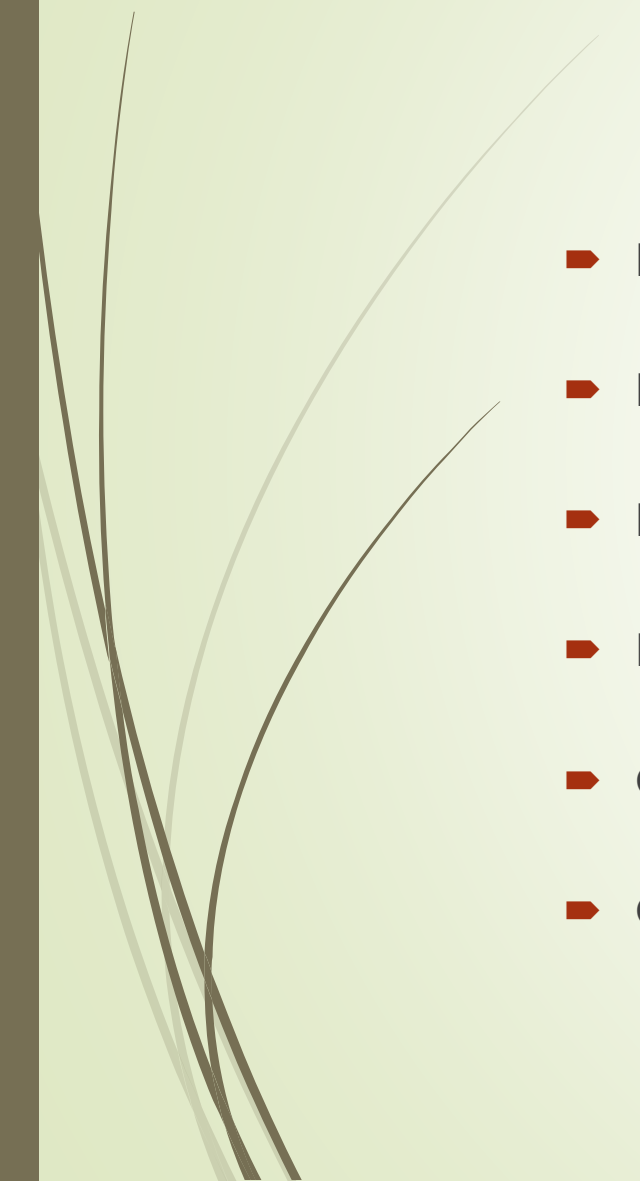
- Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.
- Notice that animals, including humans, have offspring which grow into adults

➤ PSHE at Key Stage 1

- The names of body parts including, penis and vagina.
- How to maintain healthy relationships including appropriate touch.
- Begin to look at how to support their own emotional, physical and mental well being.



Reception Learning for Changing Me

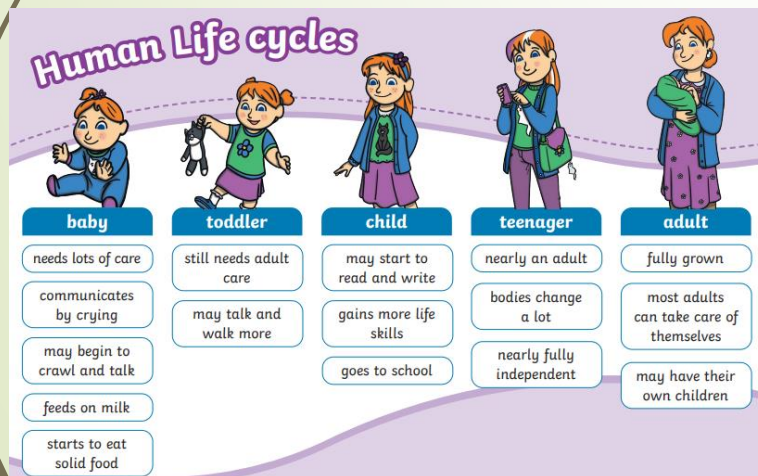
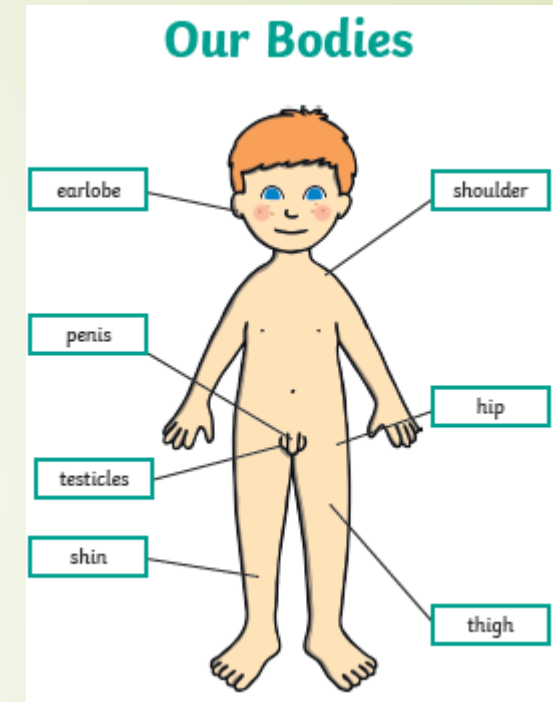
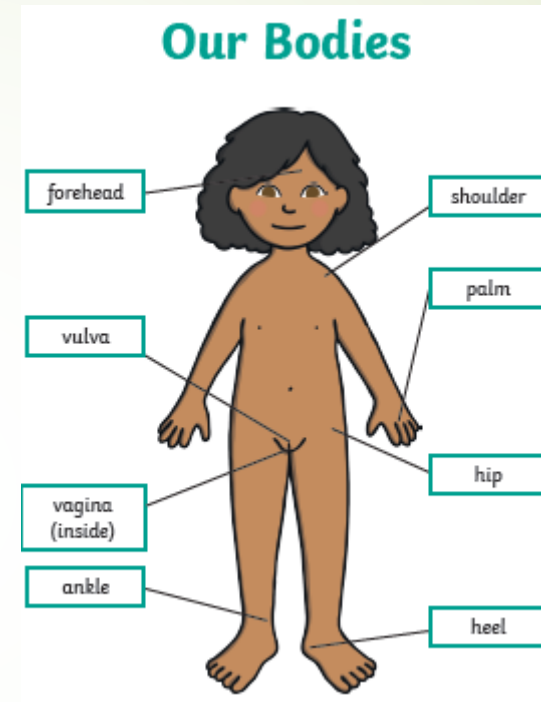
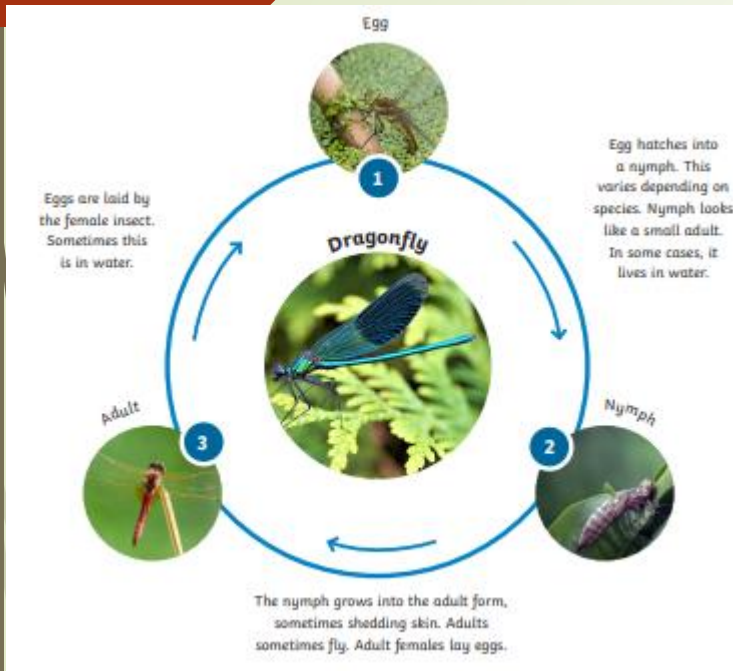
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- Know the names and functions of some parts of the body
 - Know that we grow from baby to adult
 - Know who to talk to if they are feeling worried
 - Recognise that changing class can elicit happy and/or sad emotions
 - Can say how they feel about changing class/ growing up
 - Can identify how they have changed from a baby



Year 1 Learning for Changing Me

- Know the names of male and female private body parts, , including, penis, vagina testicles and anus.
- Know that there are correct names for private body parts and nicknames, and when to use them
- Know which parts of the body are private and that they belong to that person and that nobody has the right to hurt these
- Know who to ask for help if they are worried or frightened
- Understand and accept that change is a natural part of getting older
- Can suggest ways to manage change, e.g. moving to a new class
- Can identify some things that have changed and some things that have stayed the same since being a baby (including the body)

Examples of Year 1 resources.



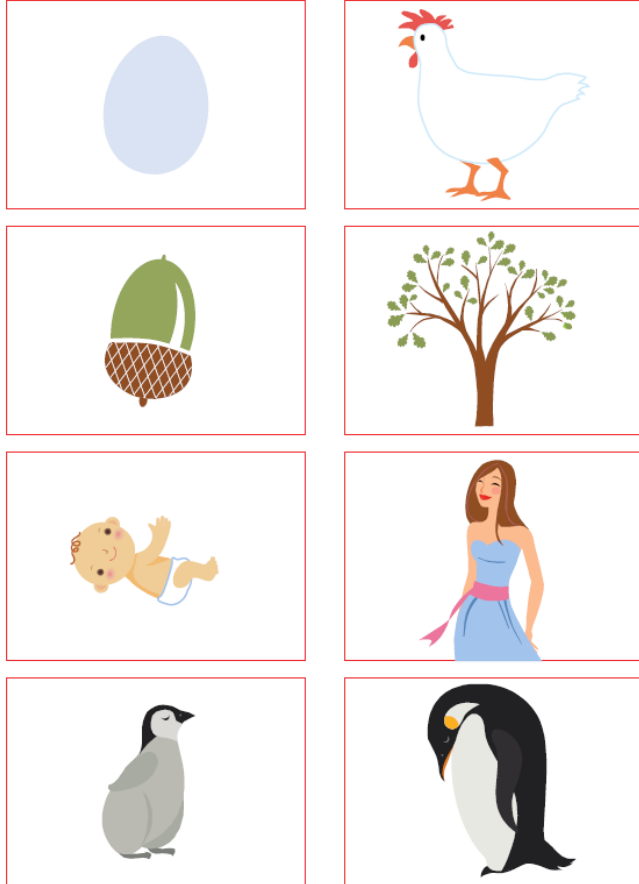


Year 2 Learning for Changing Me

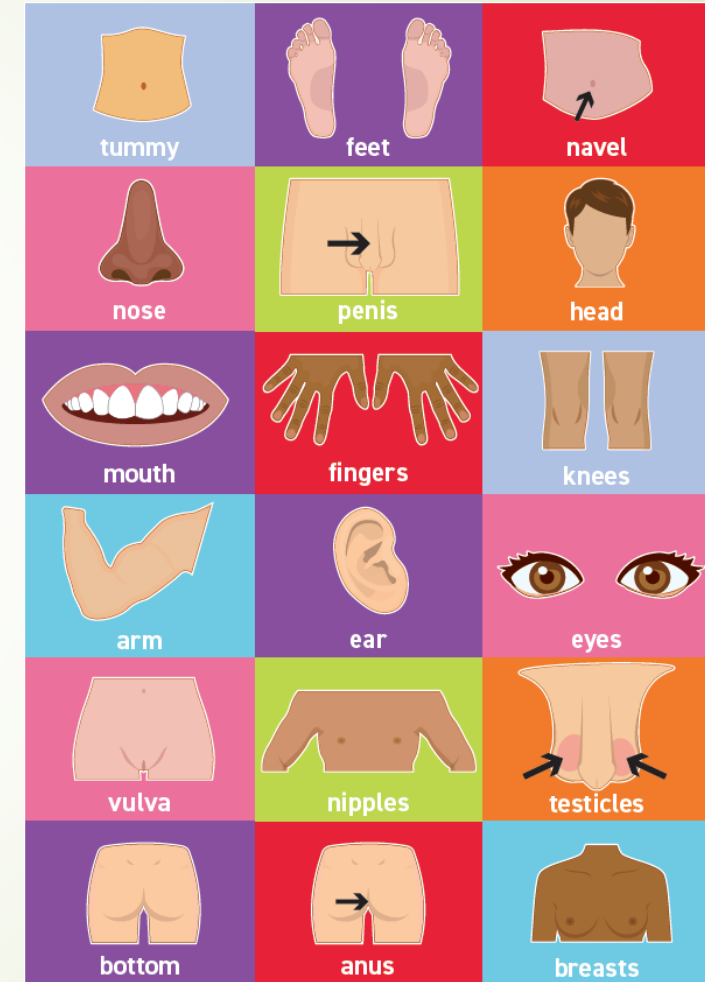
- Know the physical differences between male and female bodies
- Know that private body parts are special and that no one has the right to hurt these
- Know there are different types of touch and that some are acceptable and some are unacceptable
- Can say who they would go to for help if worried or scared
- Can say what types of touch they find comfortable/uncomfortable
- Be able to confidently ask someone to stop if they are being hurt or frightened

Examples of Year 2 resources.

Changing Me
Find Your Pair - Ages 6-7 - Piece 1



Changing Me
Find Your Pair - Ages 6-7 - Piece 1





Thank you

- Thank you for taking the time to look at the learning that will be covered in PSHE in Summer Term 2.
 - You can find further information on the school website under 'Curriculum'
 - If you have any further questions, please contact Miss Mott through the school office.
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